

Tasty Salads... all served with Ozone multi-grain brown bread

ZESTY CHICKEN 🌱

€6.25

Grilled lemon chicken breast with chargrilled peppers, cherry tomatoes, served on a bed of mixed organic leaves & seasonal herbs

WARM BACON SALAD

€6.25

Grilled strips of bacon, red onions, grated carrot, mixed organic leaves & croutons, with homemade French dressing

GREEK SALAD

€6.25

Feta cheese, black olives, vine tomatoes, red peppers sprinkled over a bed of mixed organic leaves & oregano, served with an olive oil, lemon juice & garlic dressing

TUNA DELIGHT 🌱

€6.25

Tuna, served on a variety of organic leaves, accompanied by onion, cherry tomato, guacamole & Palmer's Rock dressing

ZERO ZONE * 🌱

€6.25

Oven roasted red, yellow, orange peppers, garlic, nettle heads, sprinkled with fresh lemon juice & served on a bed of rocket & cherry tomato

CAESAR SALAD (WITH CHICKEN €1.25)

€6.25

Romaine lettuce, bacon bits, herb croutons, parmesan shavings & Caesar salad dressing

ANTIPASTI SALAD

€7.25

Mixed salami, roast vegetables, black olives, sun dried tomatoes, hummus, mixed organic leaves

SMOKED SALMON SALAD

€7.25

Smoked salmon slices served with horseradish sauce accompanied by a salad of mixed organic leaves, vine tomatoes & grated carrots

Salads served with a variety of dressings - French - Spanish - Caesar - Palmer's Rock Special

BAKED POTATO

€4.75

Served with any two of the following fillings:
cheese, bacon strips, roasted vegetables, tuna, chicken

SIDE ORDERS

€1.50

Baked potato

Cous cous

Cheese

Bacon strips

Tuna

Rice

DESSERTS

A selection of delicious homemade cakes & sweet treats

€3.50



Note From Chef:

We endeavour to satisfy the needs of your taste buds. To do this, we use the freshest ingredients possible including nuts & seeds. Please let us know if you have a special request.

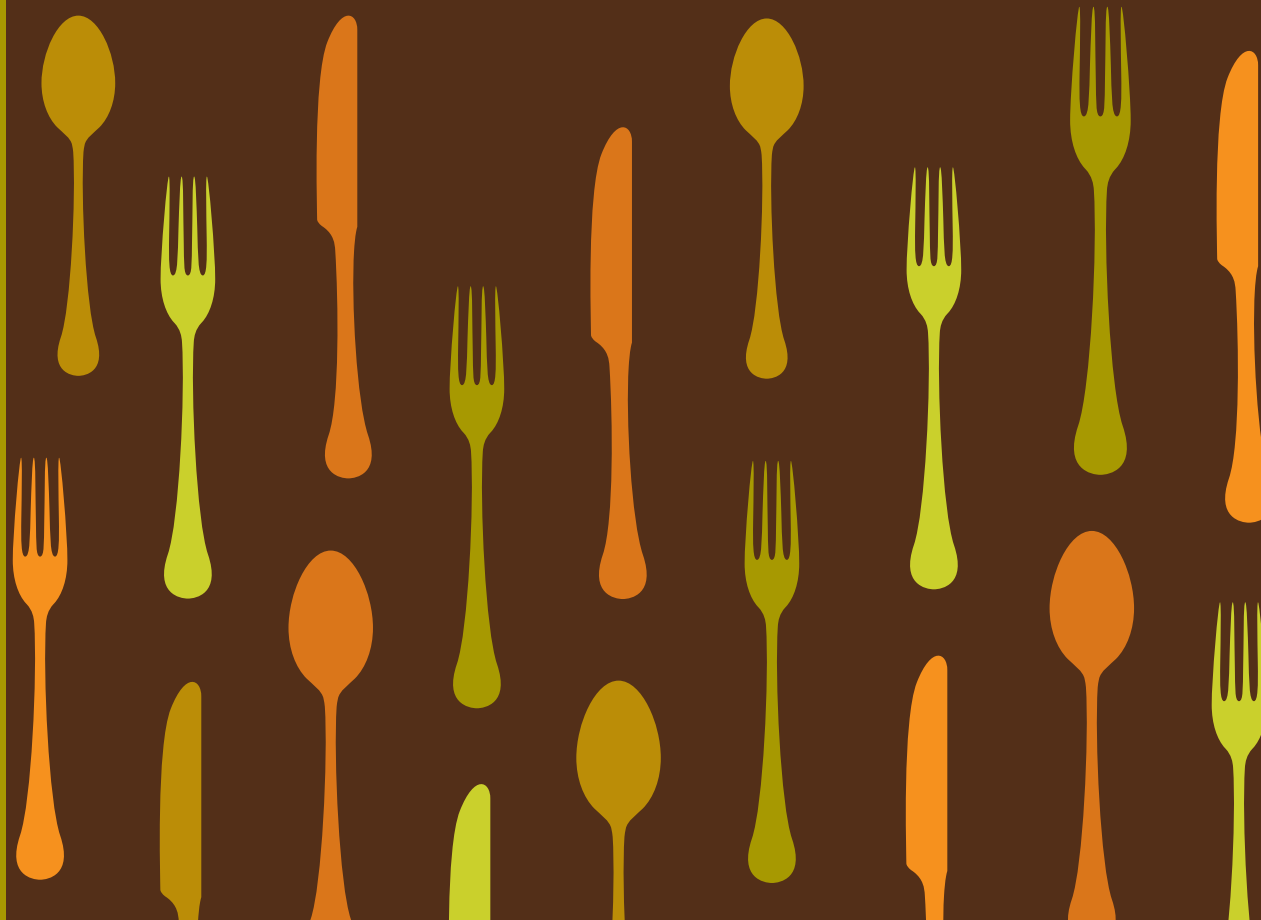


Open 7 days a week | Free Parking

Ozone Coffee Company, GCI House, The Prom, Salthill

 **ZONE**

all about taste



Rise & Shine...

**Breakfast - Available until 12.00 noon Monday - Friday
& All day on Sat & Sun**

MINI COOKED BREAKFAST

€4.75

Poached free range egg on two slices of toast
with grilled bacon, sausage & tomato, served with house relish

LARGE COOKED BREAKFAST

€6.95

2 Poached free range eggs, on 2 slices of toast with 2 grilled bacon,
2 sausages, tomato & sauté mushrooms, served with house relish

OZONE BAGELS

Toasted bagels with cream cheese

€2.95

Toasted bagels with cream cheese & grilled bacon

€3.95

Toasted bagels with cream cheese & smoked salmon

€4.50

OZONE TOASTED BLT BAGEL

€3.95

Grilled bacon, crispy lettuce & fresh tomato

BREAKFAST PANINI

€5.75

Bacon, egg, tomato, sausage & house relish

HI 8 MUESLI *

€3.95

Start your day the ozone way with HI 8 muesli: a delicious blend of 8 different
grains, fruits & seeds, served with natural yogurt or milk & honey on the side

HEALTHY TRADITION *

Organic porridge with jumbo oatlets served with honey

€3.95

 Denotes Healthy Options. * Denotes suitable for vegetarians.

Homemade Delights

Enjoy our range of homemade & delicious baked scones, breads & cookies. Always, made fresh everyday.

Ozone's homemade brown or fruit scones with butter & jam	€1.95
Freshly baked croissants with butter & jam	€1.95
Fresh muffins	€1.95
Ozone chocolate chip cookies	€1.50
Ozone speciality multi-grain brown bread	€1.75

SOUP

Homemade soup served with Ozone homemade brown scone	€3.95
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FRESHLY MADE SANDWICHES

Egg, tomato & mixed leaves combined with mayonnaise served on brown or white bread	€4.50
Baked Ham, cheese, tomato & onion, toasted on brown or white bread	€4.50

OZONE SANDWICH SPECIALS

Breast of chicken, diced celery with fresh chive mayonnaise, open sandwich served on multi-grain brown bread	€5.50
Parma ham, blue cheese & sliced pear open sandwich served on multi-grain brown bread accompanied by a salad of mixed organic leaves	€6.50

LUNCH SPECIAL OF THE DAY	€7.25
VEGETARIAN SPECIAL OF THE DAY * 	€7.25

 Denotes Healthy Options. * Denotes suitable for vegetarians.

Panini or Wrap – You Choose...

Ozone Paninis & Wraps – all served warm or cold except as indicated

Paninis: €6.25 Wraps: €5.25

PANINI RECOMMENDED

TIKKA

Succulent chicken marinated in a mild tikka sauce with red onion & melted cheddar cheese

FISHERMAN 🍷

Tuna with mayonnaise, sprinkled with scallions & lashings of melted cheddar cheese

ADONIS* 🍷

Fresh spinach leaves with black olives, feta cheese and sweet sundried tomatoes

VENUS* 🍷

Oven roasted vegetables cooked in virgin olive oil with melted mozzarella cheese, basil pesto & oregano

SPICED BEEF - €1.00 EXTRA

Strips of seasoned beef, marinated in spiced olive oil, served with red onion & horseradish delight

OZONE SPECIAL

Baked ham, pineapple & melted cheddar cheese

WRAP RECOMMENDED

SWEET CHILLI CHICKEN

Tender strips of chicken marinated in a sweet chilli sauce, served with mixed peppers & cous cous

SEASIDE SUPREME 🍷

Tuna, sweet corn and fresh scallions in a lemon seasoned mayonnaise

TASTY CHICKEN

Grilled chicken strips with guacamole, iceberg lettuce & tomato, served with a sweet curry mayonnaise

LOW ZONE * 🍷

Oven roasted peppers, red onion, courgette, hummus, pesto, mixed leaves & seeds

IRISH BEEF – COLD ONLY

Wafer thin slices of Irish beef served with rocket, vine tomato, red onion, parmesan & balsamic vinaigrette dressing

OZONE SPECIAL WRAP – COLD ONLY

Baked ham and mixed organic leaves, smothered in low fat soft cheese with maple mustard dressing

🍷 Denotes Healthy Options. * Denotes suitable for vegetarians.